Babies’ Best Start empowers pregnant and parenting women to make healthy lifestyle choices.

We are in the communities of Clairmont, Grande Prairie, Grovedale, Hythe, Sexsmith and Wembley:

* We provide non-judgemental support and education on pregnancy and parenting.
  + Nutritional Support
  + Breastfeeding Support
  + Harm Reduction
  + Prenatal Support
  + Parenting Progress
  + Peer Support
  + One on One Support
  + Immunization Clinics
* We provide milk and vitamins to qualifying mothers during pregnancy and while breastfeeding.
* We work with public health nurses and dietitians to provide up-to-date information.
* We have connections with community services.

Babies’ Best Start has on going groups in various communities:

* Fresh Food Bags
* Cooking Circles
* Prenatal/Mothers’ Drop in Groups
* Collective Kitchens
* Literacy Programs
* Daddy and Me
* Tiny Teeth

Babies’ Best Start welcomes children from 0-6 years of age

Grande Prairie Friendship Centre

Babies’ Best Start

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